

January, 13-17, 2026

## Movement Workshop with Ruth Childs

Company: The Center for Ballet and the Arts  
Venue: The Center for Ballet and the Arts, Studio  
Location: New York, NY

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TESCH DANCE IN COLLABORATION WITH THE CENTER FOR BALLET AND THE ARTS AT NYU



### Movement Workshop with Ruth Childs

**Workshop Description:** Ruth Childs shares her creative and performance tools in a series of workshops, exploring essential points of reference and questions for creation. How can we approach the performative body through form (from the outside) but also through embodiment or feeling (from the inside)? How can we oscillate between formal and emotional choreographic experiences? How can abstract dance become expressive and vice versa? How can we think about musicality beyond the simple fact of dancing to music? Using existing motifs (from her latest pieces) and new ones, she will propose spontaneous, playful and rhythmic ways of taking up and experiencing the performative space in group and solo settings.

British-American dancer and performer Ruth Childs studied dance and music in the United States, London and Geneva before working with internationally known choreographers such as La Ribot, Gilles Jobin, Marco Borrero, Yasmine Heggenet, and her aunt Lucinda Childs. In 2014 she founded her company, Scarlet's, to develop her own work through dance, performance, and music. Her first stage piece in collaboration with Stéphanie Vecchione, *The Goldfish and the Inner Tube*, premiered in 2018. Other works include *fantasia*, *Blasf* and *Fun Times*. Her work has been presented at Théâtre de la Ville in Paris, Biemat de Danza de Cali in Colombia, Impulsione in Vienna, and Crossing the Lines at the L'Alliance New York. Ruth is an artist-in-residence at Arsene in Lucerne and a 2025-26 Fellow at The Center for Ballet and the Arts.

**13 - 17 JAN 2026**  
2:00 - 6:00PM EST  
The Center for Ballet  
and the Arts, Studio  
16 Cooper Square  
New York, NY 10003

**Free with RSVP - Max 20 Artists**  
Intended for pre-professional  
and professional dancers




DATES: January 13 - 17

TIME: 2:00 - 6:00 PM

LOCATION: 16 Cooper Sq. Studio | New York, NY 10012

ABOUT: [Ruth Childs](#) shares her tools as a performer and as a creator - two essential points of view for creation. How can we approach the performative body through form (from the outside) but also through embodiment or feeling (from the inside)? How can we oscillate between formal and emotional choreographic experiences? How can abstract dance become expressive and vice versa? How can we think about musicality beyond the simple fact of dancing to music? Using existing motifs (from her latest pieces) and new ones, she will propose spontaneous, playful and rhythmic ways of taking up and experiencing the performative space in group and solo settings.

This FREE workshop will include a sharing of the work generated on Saturday, January 17th at 5pm.

CAPACITY: 20 Artists

CONTACT: [nyucba@gmail.com](mailto:nyucba@gmail.com)

RSVP: [https://docs.google.com/forms/d/e/1FAIpQLScBetFnjycBw9BpGECHxHolHT51\\_Y3zk8x2d2gqZXJaMw9d8A/viewform](https://docs.google.com/forms/d/e/1FAIpQLScBetFnjycBw9BpGECHxHolHT51_Y3zk8x2d2gqZXJaMw9d8A/viewform)

The Center for Ballet and the Arts  
16 Cooper Square  
New York, NY, 10003  
[https://docs.google.com/forms/d/e/1FAIpQLScBetFnjycBw9BpGEC/HxHolHT51\\_Y3zk8x2d2gqZXJaMw9d8A/viewform](https://docs.google.com/forms/d/e/1FAIpQLScBetFnjycBw9BpGEC/HxHolHT51_Y3zk8x2d2gqZXJaMw9d8A/viewform)

Schedule  
January 13, 2026: 2:00pm  
January 14, 2026: 2:00pm  
January 15, 2026: 2:00pm  
January 16, 2026: 2:00pm  
January 17, 2026: 2:00pm

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