

## OUR NEW YORK CITY DANCE

June 27 - July 30, 2016

## NEW! Fitness Classes at Movement Improvement!

Company: Movement Improvement Physical Therapy Location: Brooklyn, NY

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Smaller is better...when it comes to the size of your fitness class...get the attention you deserve...call now to reserve your spot! -ANNOUNCING!

Mini-Group Fitness Classes

Movement Improvement Physical Therapy

Brooklyn Heights 35 Remsen Street (718) 714 – 8236

Slow Flow Yoga Living Meditation Monday evenings.

Pilates Mat Foam Roll & Release Saturday afternoons.

Ballet Barre – Fitness Ballet Barre – Balance Saturday mornings

60% off your first class \$25 per class Class cards available

www. Movement Improvement Online.com

Movement Improvement Physical Therapy 35 Remsen Street Brooklyn, NY, 11201 7187148236 Schedule June 27, 2016: 6:30pm, 8:00pm July 2, 2016: 10:00am, 11:00am, 2:00pm

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