

## **OUR NEW YORK CITY DANCE**

May 27 - June 10, 2022

## NEXT! Workshops with Anabella Lenzu at New York Public Library

Company: Pioneers Go East Collective

Venue: New York Public Library - Tompkins Square Library

Location: New York City, NY

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Body Mapping workshop. Anabella Lenzu, teaching artist

NEXT! Workshops in partnership with New York Public Library. Teaching artist Anabella Lenzu. Saturday May 21, and June 11 I 3p.

May 21 - Body Mapping: Workshop for Young adults/ Adults.

June 11 - Body Mapping: Workshop for Families and children 6 years old and up.

Free events. Limited capacity.

NEXT! Workshops series led by Anabella Lenzu at New York Public Library is curated by Pioneers Go East Collective.

Venue: New York Public Library - Tompkins Square Library. Location: 331 E 10th Street, New York.

## Body Mapping Workshop series

Low-impact and open to all, the workshops are designed by Anabella Lenzu who has 20+ years of experience teaching students of all ages. How do our bodies become a receptacle and messenger of the multiple realities we are immersed in? The workshop challenges the participants to think about how they view bodies, using drawings to share their own stories of their bodies. Body maps are a way of storytelling, much like totems that contain symbols with different meanings but whose significance can only be understood in relation to the creator's overall story and experience and creativity! Body maps allow us to connect with emotions and life circumstances to give voice and visibility to one's identity. It's not the artwork that matters; it's the message.

Pioneers Go East Collective 331 E 10th Street New York City, NY, 10009 https://www.eventbrite.com/e/body-mapping-workshop-series-foradults-and-young-adults-tickets-339585317827

Schedule May 27, 2022: 3:00pm June 3, 2022: 3:00pm June 10, 2022: 3:00pm

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