

Thursday, March 3, 2022

Nai-Ni Chen Dance Company March Bridge Classes

Company: Nai-Ni Chen Dance Company
Venue: Nai-Ni Chen Dance Company
Location: New York, NY

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KINETIC SPIRAL



NAI-NI CHEN DANCE COMPANY Announces The Bridge Virtual Dance Institute of Boundary-Breaking Dance Experiences Free One-Hour Company Classes on Zoom Open to All Dancers at an Intermediate to Advanced Level March 1 & 3, 2022. Interested dancers can join the class by registering here:
<https://docs.google.com/forms/d/e/1FAIpQLSfa6k8oMdzpbVufBQzqzLJh2iyoKIA88JJcg3j5xJQGB7Z2g/viewform>.

The Bridge Class schedule are as follows:

Tuesday, March 1, 2022 | Rio Kikuchi (GyroKinesis®) at 10am

Thursday, March 3, 2022 | Greta Campo (Kinetic Spiral) at 10am

In the midst of the COVID-19 crisis, the Nai-Ni Chen Dance Company has established a new dance institute through Zoom, The Bridge. The Institute's aim is to bring together dancers, choreographers and directors around the world to experience the master teachers of color whose practices are embedded in the community and are focused on advancing the art of dance that transform the personal, environmental and metaphysical spaces.

As a virtual dance institute, The Bridge will invite world renowned as well as up and coming dancers and choreographers to come to guest teach the class. Advanced/Intermediate level professional or pre-professional dancers who are looking to explore beyond their own boundaries and looking for new dance experiences are encouraged to participate. The core program is based on Nai-Ni Chen's Kinetic Spiral, which is a cross-cultural dance vocabulary that integrates the Chinese martial arts philosophy in TaiChi with contemporary dance practices she studied in America. Guest artists will cover a wide range of folk and classical dance styles.

About Nai-Ni Chen's Kinetic Spiral

Tapping into the creative energy of the universe through Kinetic Spiral. Dance phrases from Nai-Ni Chen's repertory will be taught by Greta Campo, the Artistic Director of the Nai-Ni Chen Dance Company who joined the Company in 2012. She began her dance training in her native Milan at the Carcano Theater, where she was first introduced to Martha Graham's work. She also performed with the Martha Graham Dance Company in their 2012 New York Season and later on their international tour.

About Rio Kikuchi's GyroKinesis®

GyroKinesis® is slow, fluid, exercise practice based on the natural elements of spinal movement. By gently working the joints and muscles through rhythmic and undulating movements coupled with calming breathing patterns, the exercises stimulate the body's internal organs while corresponding breathing patterns stimulate the nervous system, open up energy pathways, and oxygenate the blood.

In this trying time of change and uncertainty, the arts are a source of healing and unity, we would like to encourage everyone to support dance as dance is an essential medicine for the society to recover from the pandemic that has caused injury to our bodies and our hearts. Support for The Bridge can be sent through <https://www.nainichen.org/donate>.

About the Artists

Greta Campo is the Associate Artistic Director of the Nai-Ni Chen Dance Company. She began her dance training in her native Milan at the Carcano Theater, where she was first introduced to Martha Graham's work. She performed with the Martha Graham Dance Company in their 2012 New York Season and later on their international tour. Greta is a recipient of the 2016 Rising Star Award from the Fini Dance Festival.

Born in Tokyo, Japan, at age of 3, Rio Kikuchi began ballet training at Studio Benus in Japan and later she was introduced to Tap and Jazz. She took Summer Intensive at Kirov Academy of Ballet of Washington DC in 2015. She also studied Ballet technique and Point work privately with Luis Villanueva. In 2017, Rio moved to New York and was offered Scholarship to study at The School of Alvin Ailey American Dance Theater. In addition, she received a Scholarship at Alonzo King Lines Ballet Summer Program in 2019. She has performed with Alvin Ailey Dance Theater at New York City Center in 2018. A member of the Nai-Ni Chen Dance Company, Rio is also a certified Gyrokinesis® instructor.

About Nai-Ni Chen Dance Company

"Chen's phrases, part exoskeletal rigidity, part boneless grace, embodied an epic dignity." - Village Voice

Choreographer/Dancer, Nai-Ni Chen, was a unique artist whose work crosses cultural boundaries. Each of her dances reflect her personal vision as an immigrant and an American female artist with deep roots in the Asian culture. From this very personal perspective, she created new works that reflect current issues with global influences. Some of her works were developed in collaboration with renowned artists such as the Ahn Trio, Glen Velez, Joan La Barbara, and the members of the New Asia Chamber Music Society. Bridging the grace of Asian elegance and American dynamism, the Nai-Ni Chen Dance Company is a premier provider of innovative cultural experiences that reflect the inspiring hope and energy of the immigrant's journey. The company's ground-breaking works have focused on themes from ancient legends that reflect issues of the present time to purely abstract, contemporary dances influenced by a mix of cultures Nai-Ni Chen experienced in New York. An Asian American company that celebrates cross-cultural experience, the Company's productions naturally bring forth issues of identity, authenticity, and equality. The Company has presented at some of the most prestigious concert halls such as the Joyce Theater, Lincoln Center in New York, and the Tampa Bay Performing Arts Center in Florida. The Company appears annually at the New Jersey Performing Arts Center, Queens College, the College of Staten Island and on Ellis Island. Internationally, the Company has presented at international festivals including Open Look Festival in Russia, the Silesian International Contemporary Dance Festival, the Konfrontations International Festival in Poland, the Chang Mu International Dance Festival in Korea, the Meet in Beijing International Arts Festival in China, and the Tamaulipas International Arts Festival in Mexico. The Nai-Ni Chen Dance Company has received more than 20 awards from the National Endowment for the Arts and numerous Citations of Excellence and grants from the New Jersey State Council on the Arts. Advancing Dance Education, the Nai-Ni Chen Dance Company is currently in residence in New Jersey City University pioneering a program with the University's A Harry Moore Laboratory School teaching dance to urban children with disabilities. For additional Company information, visit their website, www.nainichen.org; write to Nai-Ni Chen Dance Company, P.O. Box 1121, Fort Lee, NJ 07024; or call (800) 650-0246. Programs of the Nai-Ni Chen Dance Company are made possible by the generous support of our Board members, the National Endowment for the Arts, the New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts, The Mid-Atlantic Arts Foundation (MAAF), the New Jersey Cultural Trust, the New York State Council on the Arts with the support of Governor Kathy Hochul and the New York State Legislature, The New Jersey Arts and Culture Recovery Fund administered by the Princeton Area Community Foundation, the Geraldine R. Dodge Foundation, the Hyde and Watson Foundation, E.J. Grassman Trust, The Horizon Foundation for New Jersey, New Music USA, the Blanche & Irving Laurie Foundation, Dance/NYC Dance Advancement Fund, the Rapid Response Program of American Dance Abroad, the Association of Performing Arts Presenters' Cultural Exchange Fund, supported by the Andrew W. Mellon Foundation, PSEG, Proskauer, WAC Lighting, and the Glow Foundation and the Dragon and Phoenix Foundation. Visit <https://www.nainichen.org/donate> to donate to Nai-Ni Chen Dance Company.

Nai-Ni Chen Dance Company
75 Broad St c, o Pentacle, NY 10004
New York, NY, 10004
6467654773
<https://www.nainichen.org/>

Schedule
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