

Monday, September 27, 2021

## Nai-Ni Chen Dance Company The Bridge Classes September 27-30

Company: Nai-Ni Chen Dance Company

Venue: Online

Location: New York, NY

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Nai-Ni Chen Dance Company

NAI-NI CHEN DANCE COMPANY Announces The Bridge Virtual Dance Institute of boundary-breaking dance experiences Free One-Hour Company Class on Zoom Open to All Dancers at an Intermediate to Advanced Level September 27-30, 2021. Interested dancers can join the class by registering on Nai-Ni Chen Dance Company's website: <https://www.nainichen.org/thebridge>.

The Bridge Class schedule are as follows:

Week of 9/27/2021

Monday Yuka Notsuka (Kinetic Spiral) at 11am

Tuesday Andrew Pacho (Flow (Gyrokinesis based)

Wednesday Jainil Mehta (Folk Dance from India) at 11am

Thursday Greta Campo (Kinetic Spiral) at 11am

### About Nai-Ni Chen's Kinetic Spiral

Tap into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Dance phrases from Nai-Ni Chen's repertory will be taught.

### About Andrew Pacho's Flow

Learn to stretch, warmup, heal and strengthen your body with renowned dancer/gymnast Andrew Pacho. He developed Flow to heal himself and he has successfully helped many others. Join us for an hour of dancing on chair!

### About Jainil Mehta's Folk Dance

Bringing you one of the vibrant folk dances of India, company member Jainil Mehta will be teaching an Indian folk dance called "Garba" from the state of Gujarat in India. It is a high-energy folk form typically danced in circles around the subjects of the nine goddesses. Garba includes a lot of clap-snap combinations, twirling in circles, bouncing & heavy rhythmic footwork.

In the midst of the COVID-19 crisis, the Nai-Ni Chen Dance Company has established a new dance institute through Zoom, The Bridge. The Institute's aim is to bring together dancers, choreographers and directors around the world to experience the master teachers of color whose practices are embedded in the community and are focused on advancing the art of dance that transform the personal, environmental and metaphysical spaces.

As a virtual dance institute, The Bridge will invite world renowned as well as up and coming dancers and choreographer to come to guest teach the class. Advanced/Intermediate level professional or pre-professional dancers who are looking to explore beyond their own boundaries

and looking for new dance experiences are encouraged to participate. The core program is based on Nai-Ni Chen's Kinetic Spiral, which is a cross-cultural dance vocabulary that integrates the Chinese martial arts philosophy in TaiChi with contemporary dance practices she studied in America. Guest artists will cover a wide range of folk and classical dance styles.

In this trying time of change and uncertainty, the arts is a source of healing and unity, we would like to encourage everyone to support dance as dance is an essential medicine for the society to recover from the pandemic that has caused injury to our bodies and our hearts. Support for The Bridge can be sent through <https://nainichen.org/donate>.

#### About the Artists

Greta Campo is the Associate Artistic Director of the Nai-Ni Chen Dance Company, She began her dance training in her native Milan at the Carcano Theater, where she was first introduced to Martha Graham's work. She performed with the Martha Graham Dance Company in their 2012 New York Season and later on their international tour. Greta is a recipient of the 2016 Rising Star Award from the Fini Dance Festival.

Originally from Mumbai, India, Jainil Mehta began his dance journey at the age of five, performing in his living room. Before moving to Los Angeles, he trained at Shiamak Davar International in Mumbai, India for thirteen years. Jainil graduated Summa Cum Laude and received his Bachelor of Fine Arts in Dance from the USC Gloria Kaufman School of Dance with a Discovery Scholars Distinction, and has acquired a variety of skills including motion picture cinematography. He has performed works by esteemed choreographers: William Forsythe, Jiří Kylián, Jodie Gates, Barak Marshall, Alejandro Cerrudo, Dwight Rhoden and Matthew Neenan. Jainil's inner movement quality, expressions and love for storytelling come from his strong Indian roots and culture. He has choreographed for Big Wild's music video "6's to 9's" and Falguni Pathak's "Jode Rahejo Raaj."

Yuka Notsuka was born in Fukuoka, Japan, is a member of the Nai-Ni Chen Dance Company. She began her Ballet training in her hometown at age four. Later she broadened her training to include Jazz and Tap. Later Yuka moved to New York City to further pursue her career as a dancer. In 2015 she entered the Ailey School as a scholarship student. She performed in Ailey Spirit Gala Concert at Lincoln Center choreographed by Tracy Inman (Co-Director, The Ailey School) and Robert Battle (Artistic director of Alvin Ailey American Dance Theater). Yuka joined the Nai-Ni Chen Dance Company in 2017. She also has been in training and served as Teaching Assistant at the Luigi Jazz Dance Center under Francis J. Roach.

Andrew Pachó was teaching Staff with the Nai-Ni Chen company in China 2015. He started his career as USA National level competitor in Gymnastics then trained to become a professional dancer. Highlights include working with Mark Morris, Donald Byrd Company, Philodanco, Doug Elkins, Lar Lubovitch, Micheal Swain, Graciella Daniele, Bill Irwin, Gillian Lynne, Peter Sellars, Graham Murphy, Harold Prince, Jerry Mitchell, Robert Lepage as well as several productions on Broadway, Metropolitan Opera, NYCO, Radio City Music Hall. He was also in the Woody Allen film Everyone says I love you and many TV Commercials. Mr. Pachó co-founded the Gymnastics dance company ANTI-GRAVITY, working as co-director and choreographer. Mr. Pachó also has a long-standing working relationship with Lios Greenfield, Renowned Dance photographer.

#### About Nai-Ni Chen

Hailed as a Spiritual Choreographer by Dance Magazine and recipient of multiple choreographic fellowships from the National Endowment for the Arts and New Jersey State Council on the Arts, Nai-Ni Chen has been creating dances professionally for over thirty years in the United States. She has built a diverse repertory of over 80 original works and toured to major venues in the US and international contemporary dance festivals in 12 countries. She will be teaching her signature technique KINETIC SPIRAL which is a blend of the dynamic, ever-evolving spirit of contemporary dance and the grace and splendor of the Asian artistic traditions.

#### Nai-Ni Chen Dance Company

A blossom of color, energy and motion, "like endlessly proliferating forces of cosmic energy," said The New York Times.

#### About the Nai-Ni Chen Dance Company

Bringing the dynamic freedom of American modern dance together with the elegant splendor of Asian art, the Nai-Ni Chen Dance Company is one of the most visible Asian American dance companies in the United States. Ms. Chen's unique choreography transports audiences beyond cultural boundaries to the common ground between tradition and innovation, discipline and freedom, and form and spirit. Since its inception in 1988, the company has earned a broad base of public support and has toured extensively to major performing arts centers throughout more than thirty states. Presented by some of the most prestigious concert halls in the United States, from the Joyce Theater in New York to the Ordway Center in Minnesota and the Cerritos Center in California, the Company has mounted more than twenty national tours and nine tours abroad. Ms. Chen's work has been presented by such acclaimed international festivals as the Silesian International Contemporary Dance Festival and the Konfrontations International Dance Festival, both in Poland, the Chang Mu International Arts Festival in Korea and the Meet in Beijing International Arts Festival. The Company was also honored by a distinctive grant award from both the President's Committee on Arts and Humanities and the Department of State to represent the United States in a seven-city tour arranged by the Tamaulipas International Arts Festival in Mexico. Also, the Nai-Ni Chen Dance Company has the unique honor of having received more than fifteen awards from the National Endowment for the Arts and numerous Citations of Excellence and grants from the New Jersey State Council on the Arts. In addition to its extensive season of touring and performing, the company has developed Arts in Education residency programs in school districts to bring culture and arts into educational settings. Its colorful and engaging in-school assembly program "The Art of Chinese Dance" has been presented in hundreds of schools in NJ, NY, CT and PA, reaching hundreds of thousands of youth. The Company is currently in-residence at New Jersey City University and assisting NJCU in the development of a new BFA in Dance. For additional Company information, visit [www.nainichen.org](http://www.nainichen.org); write to Nai-Ni Chen Dance Company, P.O. Box 1121, Fort Lee, NJ 07024; or call (800) 650-0246. Programs of the Nai-Ni Chen Dance Company are made possible by the generous support of our Board members, the National Endowment for the Arts, the New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts, The Mid-Atlantic Arts Foundation (MAAF), the New Jersey Cultural Trust, the New York State Council on the Arts with the support of Governor Kathy Hochul and the New York State Legislature, The New Jersey Arts and Culture Recovery Fund administered by the Princeton Area Community Foundation, the Geraldine R. Dodge Foundation, the Hyde and Watson Foundation, E.J. Grassman Trust, The Horizon

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Schedule  
September 27, 2021: 11:00am

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