

November, 4-25, 2020

November 2020 Adult Classes: MODERN

Company: Dancewave
Venue: Dancewave
Location: Brooklyn, NY

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Effy Grey

Marion's class creates an open space for us to gather safely – to be together and work together, to move, feel and get whatever it is you need for today. There will be improvisation scores, stretches, strengthening, and alignment practices, and an offering of phrase material. We will work to undo and rewrite understandings of postmodern dance technique. Class may include some writing, drawing, or singing. We will move, sweat, listen, make dances and hold space for each other. Coming from a perspective that all bodies are unique and perfect, this class is suitable for every level of mover, and every kind of artist or person who wants to join in.

Fall into Dancewave's November Adult Dance & Fitness Classes!

Taking class at Dancewave is about the joy of moving, building confidence, and learning together in an environment that celebrates individual expression and creativity. Our new virtual class format is designed to keep you connected, moving and having fun at home all week long!

Dancewave's new flexible payment structure (\$5-\$15 per drop-in class) is here to ensure that our classes remain a dynamic, accessible and equitable opportunity for all. Each new monthly schedule will be announced two weeks in advance, with a week-long Flash Sale where you can sign up for our \$60 Monthly Unlimited Class Card. Learn more at dancewave.org/adult-classes/

Dancewave
Online classes - accessible anywhere
Brooklyn, NY, 11217
718.522.4696
<https://dancewave.org/adult-classes/>

Schedule
November 4, 2020: 7:00pm
November 11, 2020: 7:00pm
November 18, 2020: 7:00pm
November 25, 2020: 7:00pm

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