

## FOR AUDIENCES

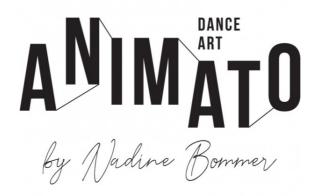
Community Calendar | Volunteering

March 9 - May 31, 2020

## ONLINE - Animato Dance Art

Company: Nadine Bommer Dance Company Location: WORLDWIDE, NY

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## Animato Dance Art Presents!

Kinetica Movement FREE - ONLINE sessions

In a time when social distancing is required for the world's safety, we strive for a continued sense of connection and community. Now more than ever, it is crucial that we remember the power of physical expression. As a community, we would like to invite you to experience Animato Dance Art's Kinetica Movement sessions ONLINE! Move freely within your own home alongside videos of other movers from around the world. Experience Kinetica Movement by following the energy we all hold within while connecting to the feelings that arise with love and excitement. The result is a freeing, therapeutic, movement-based experience that is personal and unique to you.

Animato Dance Art's Kinetica Movement sessions are live-streamed every day, 7 days a week!

They are open level and are designed for all ages and backgrounds of movers + people

Each session is 45 minutes long. Take class with a friend- bring them virtually!

Kinetica Movement - 10:00 am (EST - NYC) // 17:00 (Israel) \*7 days a week Kinetica Movement - 05:30 pm (EST - NYC) \*1 days a week // Wednesday

## **REGISTER NOW!**

Nadine Bommer Dance Company ONLINE STAY HOME WORLDWIDE, NY, 10282 https://www.gofundme.com/f/nadine-bommer-dance-company? utm\_source=customer&utm\_medium=copy\_linktip&utm\_campaign=p\_cp+share-sheet

Schedule March 9, 2020: 10:00am March 10, 2020: 10:00am March 11, 2020: 10:00am, 5:20pm March 12, 2020: 10:00am