

Monday, August 31, 2020 - Friday, January 1, 2021

## Ongoing Virtual Ballet Fitness Classes

Company: The Ballet Spot

Venue: ONLINE

Location: N/A, NY

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Al Viciado Photography

The Ballet Spot offers 100+ monthly virtual Interactive Live Stream classes ranging from Cardio Ballet, to Barre, Pilates Mat, Stretch, Ballet Sculpt, and more, all taught by professional dancers. Classes are only \$10, and your \$10 sign up also gives you the class recording for 24 hours. No prior dance experience is needed for any of our classes. All you need for class is a little bit of space in your home and the free Zoom app.

Visit [www.theballetspot.com](http://www.theballetspot.com) and follow us on Instagram @theballetspot for more information.

The Ballet Spot  
N/A  
N/A, NY, 10023  
<http://www.theballetspot.com>

Schedule  
August 31, 2020: 10:30am, 5:30pm  
September 1, 2020: 8:00am, 10:30am, 5:30pm  
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