

Saturday, March 29, 2025

Open Contemporary class

Company: Michal Ben Lior
Venue: Ripley-Grier
Location: Manhattan, NY

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Noa Melamed

Hello Dancers!

I warmly invite you to join my open contemporary dance class, where we have the freedom to explore and express ourselves. With over 20 years of experience, I create a supportive space for participants to challenge themselves and feel comfortable being uncomfortable.

I'm offering a free one-time workshop where we'll engage in a dynamic warm-up that nurtures the technical aspects of dance while also fostering artistic expression, creativity, and emotional connectivity. Together, we'll embrace a holistic approach to dance training that encourages personal exploration and growth.

Come move, connect, and discover the joy of dance in a welcoming environment. I can't wait to share this experience with you!

Looking forward to dancing with you!

Michal Ben Lior
305 west 38th st 402
Manhattan, NY, 10018
9294526247
<https://forms.gle/Y7xXpNwFEHaU3NHf6>

Schedule
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