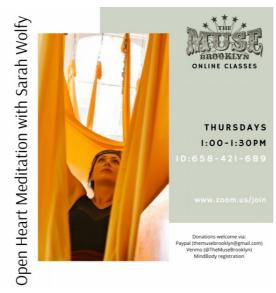


FOR AUDIENCES

Community Calendar Volunteering

April 2 - May 28, 2020 Open Heart Meditation with Sarah Wolfy

Company: The Muse Brooklyn Venue: The Muse Brooklyn Location: Brooklyn, NY ▶ Share | Print | Download



Stephanie Sinclair

Open Heart Meditation is an exploration designed to enter the parasympathetic nervous system through feeling rather than thinking, to cultivate more self love and more compassion for all beings.

Join here: https://zoom.us/j/658421689

Donations welcome via MindBody registration, Paypal (themusebrooklyn@gmail.com - please send "to a friend") and Venmo (@TheMuseBrooklyn), just please don't forget to mention the name of the class and day!

The Muse Brooklyn	Schedule	
https://zoom.us/j/658421689	April 2, 2020: 1:00pm	
Brooklyn, NY, 11237	April 9, 2020: 1:00pm	
	April 16, 2020: 1:00pm	
	April 23, 2020: 1:00pm	
	April 30, 2020: 1:00pm	
	more	

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