

December, 21-28, 2018

Open Level Limon Class

Company: Limon Dance Company
Venue: Gibney 280 Broadway
Location: New York, NY

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Limón at Gibney throughout the holidays!
Every Friday, 10:00-11:30, Open level, with live music.

Limón technique emphasizes the natural rhythms of fall and recovery, a conscious use of breath, and the interplay between weight and weightlessness. It provides dancers with an organic approach to movement that easily adapts to a range of dance styles

Limon Dance Company
280 Broadway (entrance 53A Chambers St)
New York, NY, 10007
http://limon.org/training/open_classes/

Schedule
December 21, 2018: 10:00am
December 28, 2018: 10:00am

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