

September 28 - November 18, 2010

Open Technique Classes

Company: Shen Wei Dance Arts
Venue: Park Avenue Armory
Location: New York, NY

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Through the detailed investigation of moving ideas, the class will explore breath, internal energy, center shifting, momentum, spirals, rotations, and flow. \$15 per class. Space is limited to 20 students per class. Please arrive 15 minutes early for check in.

Shen Wei Dance Arts
643 Park Avenue (at 66th St) 4th Floor
New York, NY

Schedule
September 28, 2010: 10:00am
September 29, 2010: 10:00am
September 30, 2010: 10:00am
October 5, 2010: 10:00am
October 6, 2010: 10:00am
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[< back](#)

[previous listing](#) • [next listing](#)