

Thursday, November 10, 2016

## Performance Skills: Soft Bodies, Hard Surfaces

Company: Third Rail Projects

Venue: The Kingsland Ward

Location: Brooklyn, NY

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Photo by Chad Heird

Taught by Marissa Nielsen-Pincus, Associate Artistic Director and long-time performer with Third Rail Projects, this three-hour workshop shares methods and skills that are essential in site specific and immersive environments, investigating how to engage with architecture and furniture and explore possibilities. This workshop delves into the questions that arise: How do we take care of our bodies? How do we take safe risks? How do we make movement that is organic to the particular structure we are working on? Open to participants of all levels of experience. A dance or theater background is not required, but a willingness to move and explore is a requisite.

Third Rail Projects  
195 Maujer Street  
Brooklyn, NY, 11206  
<https://www.artful.ly/store/events/918>

Schedule  
November 10, 2016: 12:00pm

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