

October 13 - November 24, 2015

## Pilates

Company: New York Theatre Ballet  
Venue: New York Theatre Ballet  
Location: New York, NY

► [Share](#) | [Print](#) | [Download](#)



New York Theatre Ballet

Taught by Amanda Treiber, principal dancer with NYTB, this gentle Pilates class is designed to build strength, coordination, and flexibility while gaining the understanding of the muscles used and the technique of the exercises.

Drop in - \$12

10 Class Card - \$100

New York Theatre Ballet  
131 East 10th Street 2nd Floor, entrance on 11th Street  
New York, NY, 10003  
212-679-0401  
<http://www.nytb.org/ballet-school-ny/pilates>

Schedule  
October 13, 2015: 7:00pm  
October 20, 2015: 7:00pm  
October 27, 2015: 7:00pm  
November 3, 2015: 7:00pm  
November 10, 2015: 7:00pm  
[more](#)

[< back](#)

[previous listing](#) • [next listing](#)