

## OUR NEW YORK CITY DANCE

Thursday, January 23, 2020

## Pre-Workout: Powered by Blink

Company: Blink Fitness - Clinton Hill Venue: BKPL - Bedford Branch Location: Brooklyn, NY ► <u>Share</u> | <u>Print</u> | <u>Download</u>



Clinton Hill presents:

Pre-Workout: Powered by Blink Fitness

Join Blink-Clintion Hill for a FREE Community Class! Meet our Personal Trainers and get a free workout!

Offering classes ranging from Strength and Conditioning, Yoga, Meditative Movement, Barre, Cardio, Dance Fitness, Kickboxing and MORE!

"We believe that exercise isn't just about looking good, it's also about how it makes you feel."

Thursday, January 23, 2020 6-7:30pm

Location: 496 Franklin Ave (Off of Franklin Ave C/Shuttle in Clinton Hill)

Blink Fitness - Clinton Hill 496 Franklin Ave Brooklyn, NY, 11238 (929) 480-9169

Schedule January 23, 2020: 6:00pm

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