

OUR NEW YORK CITY DANCE

Tuesday, November 1, 2016

Private or semi private ballet lessons, NYC

Company: Roudnev Ballet Venue: New York City Center/Studio 5

Location: New York, NY

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Roudney's Private lessons offer dancers, (ages 10 thru Adults) an intense and thorough training accompanied by corrective advice and suggestions that can be applied to one's own independent training. Students will acquire new tools to supplement their own technique, increase their extension, and improve the overall quality of one's dance performance. D. Roudney will help each student to build beautiful Epaulment and improve their upper body posture. He will demonstrate various ways to strengthen low back and abdomen, which in turn will allow students to develop high arabesque, front and side extensions.

Please contact 1-773-404-0417 www.BalletMethod.com

Roudnev Ballet 131 West 55 St New York, NY, 10019 773-404-0417 http://www.balletmethod.com Schedule November 1, 2016: 9:30am

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