

## FOR AUDIENCES

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February 1 - May 17, 2019

### Real Pilates Teacher Training NYC

Company: Real Pilates Teacher Training

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Venue: Real Pilates Soho

Location: NYC, NY

Become a part of something Real. All Pilates starts here.

If you want to be a Pilates teacher, a great career match for movers of all kinds, there are dozens of ways to become one. All kinds of hybrid and fusion inspired Pilates techniques can take you into the fitness field. But there's only one path back in time to the original work. Real Pilates trains you from the source, the primary technique and methods created by Joseph Pilates himself.

Mr. Pilates gave his signature body of work to teacher Romana Kryzanowska and she gave it to Alycea Ungaro. Now we offer them to you through our Real Pilates Teacher Training program.

You'll learn every exercise, every variation and every piece of equipment ever created by Joseph Pilates. You'll learn how to train, how to challenge and how to truly inspire your clients.

Over four seminars weekends, and 600 hours of practical and academic study you'll become a bona fide expert in the classical system that was Joseph Pilates' life's work. As a 3rd generation instructor, you'll get to carry on his legacy.

Pilates starts here. Learn the practice the way "Uncle Joe" invented it. We can show you how!

[APPLY NOW:](#) Our upcoming February Cycle has only a few spots left, and we would love for you to join us!

[February Cycle 13 Seminar Dates:](#)

*Beginner: February 1 - 3, 2019*

*Intermediate I: March 8 - 10, 2019*

*Intermediate II: April 12 - 14, 2019*

*Advanced: May 17 - 19, 2019*

*All seminars are scheduled from 1PM - 7PM (Fri-Sat) 9AM - 3PM (Sun)*

To apply, fill out an application at [www.realpilates.com/application](http://www.realpilates.com/application)

For more information visit our site at [www.realpilates.com](http://www.realpilates.com) or email your questions to [rptt@realpilatesnyc.com](mailto:rptt@realpilatesnyc.com)

Real Pilates Teacher Training  
333 Hudson St Suite 406  
NYC, NY, 10013

Schedule  
February 1, 2019: 1:00pm  
March 8, 2019: 1:00pm  
April 12, 2019: 1:00pm  
May 17, 2019: 1:00pm

[< back](#)

[previous listing](#) • [next listing](#)