

October 2 - December 18, 2021

Rhythm Moves and Grooves

Company: LEIMAY
Venue: Marsha P Johnson State Park
Location: Brooklyn, NY

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For non dancers and dancers of all ages!

Get your blood pumping, sweat together while apart, connect to our ancestors, and experience the joy of dancing through the rhythmic beat of the drums. This Rhythm Moves and Grooves intergenerational class offers a mix of rhythms and movements influenced by the diaspora and migration of Africans in the Pacific and Caribbean regions of Colombia. Get your heart rate up, enhance cardio endurance, and boost your mood naturally!

Join us IN PERSON Outdoors at local Williamsburg parks & Other Locations. or ONLINE from your home anywhere in the world.

No experience necessary.
Let's have fun!

Saturdays 10am

Proof of Vaccination and masks are required for IN PERSON class. ONLINE class will be hosted on the Zoom platform. Zoom is accessible from your phone, tablet or computer.

LEIMAY
90 Kent Ave
Brooklyn, NY, 11249
<https://leimayfoundation.regfox.com/rhythm-moves-and-grooves-with-leimay>

Schedule
October 2, 2021: 10:00am
October 9, 2021: 10:00am
October 16, 2021: 10:00am
October 23, 2021: 10:00am
October 30, 2021: 10:00am
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