

# OUR NEW YORK CITY DANCE

January, 5-10, 2015

# Shen Wei Dance Arts ---- Winter Intensive

Company: Shen Wei Dance Arts Location: New York, NY ► Share | Print | Download



Tuition: \$500 Registration fee: \$35 (registration fee waived for returning students) December 8, 2014 - Registration fee (\$35) and one-half of total tuition (\$250) due December 29, 2014 - Remaining tuition due

Application materials are available online at: shenweidancearts.org/winterintensive

Open to all professional and pre-professional dancers, age 18 and older.

Our Intensives provide a unique opportunity to study closely with the company members of Shen Wei Dance Arts (SWDA) in the world's dance capital, New York City. SWDA's Winter Intensive 2015 will provide an informed pathway for opening the body and mind to new ways of approaching dance.

Classes Include:

#### TECHNIQUE

An introduction to Shen Wei's Natural Body Development Technique. Through the detailed investigation of movement ideas, classes will explore breath, internal energy, momentum, rotation and flow.

#### REPERTORY

Learn excerpts from selected company repertory. Through individual and collective movement research, each dancer will have a chance to work on group and solo material within the repertory works.

### IMPROVISATION/CONCEPTS

Discover how Shen Wei's background in Chinese Opera and visual art inform his process. Explore compositional and movement ideas in relationship to other art forms.

### PARTNERING

Partnering skills will be honed to develop proficiency in both group work and intimate scenarios.

#### BODYWORK/YOGA

Classes will focus on centering the mind and preparing the body for a rigorous day of work, while providing knowledge for future self-care and injury prevention.

info@shenweidancearts.org (212) 962-1113

Shen Wei Dance Arts 135 W 29th St., Suite 1100 New York, NY, 10001 http://www.shenweidancearts.org/winterintensive Schedule

January 5, 2015: 10:00am

January 6, 2015: 10:00am

January 7, 2015: 10:00am

January 8, 2015: 10:00am January 9, 2015: 10:00am

January 10, 2015: 10:00am