

Thursday, June 24, 2021 Skimming the Surface: FREE Virtual Expressive Movement Workshop

Company: Valerie Green/Dance Entropy Venue: ONLINE/Green Space Location: Queens, NY Share | Print | Download



We would like to invite you to join us Thursday, June 24, 6-7:30pm for a FREE Virtual Therapeutic Expressive Movement Class.

"Skimming The Surface", Expressive Movement workshops led by Dance Entropy's Artistic Director Valerie Green, hope to bring peace and calm in this time of chaos, where everything seems to be out of our control. The virtual workshop will provide a space of safety, to tune into our emotions while releasing and processing feelings through movement. The class provides a supported space for community in this time of required social distancing and turmoil.

If this is of interest to you, please RSVP to sarai@danceentropy.org

"Skimming the Surface" will take place via Zoom at the following link:

Join Zoom Meeting

https://us04web.zoom.us/j/78792604794

Meeting ID: 787 9260 4794

This program is made possible by The New York Community Trust- NYC COVID-19 Response and Impact Fund

Valerie Green/Dance Entropy 37-24 24th St. Suite 211 Queens, NY, 11101 7189563037	Schedule June 24, 2021: 6:00pm
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