

January 29 - May 7, 2014

Skinner Releasing Technique

Company: Movement Research
Venue: Randy Warshaw Studio
Location: New York, NY

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No Class April 2nd. Skinner Releasing Technique facilitates an enhanced awareness of creativity. This imagery-based movement experience intuitively connects ease and healing. Through improvisation and play, we connect with the energy of others and the universe.

Movement Research
115 Wooster St., #2F
New York, NY, 10012
\$14
<http://movementresearch.org/classesworkshops/classdescriptions/#cw996>

Schedule
January 29, 2014: 6:00pm
February 5, 2014: 6:00pm
February 12, 2014: 6:00pm
February 19, 2014: 6:00pm
February 26, 2014: 6:00pm
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