

## OUR NEW YORK CITY DANCE

Saturday, May 3, 2014

## Soar into Spring: Live Music Yoga Master Class

Company: The Perri Institute for Mind and Body Venue: The Perri Institute for Mind and Body at Gibney Dance

Location: New York, NY

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Sophie Kuller Photography - http://sophiekuller.4ormat.com/#1

TaraMarie Perri's signature creative teaching style will weave the breath into the dynamically rich soundscape as created by guest musician, Shane Shanahan of Yo-Yo Ma's Silk Road Ensemble. Students will be part of a yoga experience like no other. Responding to the muses of movement and music, the body and mind will be lured into the spirit of the upcoming season.

Open level; not recommended for beginners.

The Perri Institute for Mind and Body | Gibney Dance | 280 Broadway/entrance 53 Chambers St, NYC

\$25

Register online <u>here</u>. For more information, email <u>info@mindbodydancer.com</u> or call 917.830.6392

MBD Seasonal Live class events are held quarterly to honor the seasons of the year. Guest musicians for these celebratory collaborations are: Shane Shanahan of Yo-Yo Ma's Silk Road Ensemble, Jack Morer, and Kyle Olson.

The Perri Institute for Mind and Body 280 Broadway (Entrance at 53 Chambers St) New York, NY, 10016 917.830.6392

http://www.perriinstitute.com/products-page/workshops/seasonal-yoga-workshops-with-live-music/

Schedule May 3, 2014: 6:00pm

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