

Friday, September 14, 2012

Steele Pilates Mat Certification

Company: Dance New Amsterdam

Venue: Dance New Amsterdam

Location: New York, NY

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The Steele Pilates Mat Certification will teach the principles basic to Pilates and Personal Training. The students will learn how to teach and perform the Pilates Mat Exercise Series in its original order.

Dance New Amsterdam

280 Broadway entrance at 53 Chambers St.

New York, NY, 10007

212.625.8369

<http://www.dnadance.org/site/education/certifications/steelepilates/3/>

Schedule

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