

June, 4-25, 2019

Steps' Steele Pilates Certification with Teri Steele

Company: Steps on Broadway
 Venue: Steps on Broadway
 Location: New York, NY

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Paul B Goode

If you have a passion for Pilates, make it work for you. This workshop, taught by Teri Steele, certifies you to teach Pilates either privately or in a studio. Learn how to teach the fundamentals of Pilates mat exercises, communicating corrections in a positive way, and the physiology and anatomy behind the exercises. The workshop and certification is recognized by the Pilates Method Alliance.

Steps on Broadway
 2121 Broadway 3rd Floor
 New York, NY, 10023
 2128742410
<https://www.stepsnyc.com/teacher-workshops/steps-steele-pilates-teacher-certification-workshop/>

Schedule
 June 4, 2019: 2:30pm
 June 11, 2019: 2:30pm
 June 18, 2019: 2:30pm
 June 25, 2019: 2:30pm

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