

June, 15-20, 2020

Summer Fling - a week of Virtual Celebration

Company: abunDANCE with keo®
Location: Brooklyn, NY

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V wells Studio

Join me as we restore, replenish and celebrate the abundance within each of us. abunDANCE with keo® is celebrating it's 6th anniversary and we are celebrating the whole week, VIRTUALLY. We have additional dance classes, guest instructors and much more.

We are launching our Summer Fling with a FREE LIVE class, and continuing the week with Twerkout, Yoga and Guided Meditation, Modern Dance, Afrobeat Fit® and much more. Check out the classes below, and get your Summer Pass today! www.abundancewithkeomi.com/fling

Mon 6/15: FREE DANCE PARTY Launch class 4p PST/ 7P EST

Tuesday 6/16: abunDANT Fitness 3P PST/ 6P EST

Tuesday 6/16: Yoga and Guided Meditation 4P PST/ 7P EST

Wednesday 6/17: Afrobeat Fit® 3P PST/ 6P EST

Wednesday 6/17: Twerkout 5P PST/ 8P EST

Thursday 6/18: Twerkout 3P ST/ 6P EST

Thursday 6/18: Modern Dance 4P ST/ 7P EST

Friday 6/19: Intro to Hip Hop 4P PST/ 7P EST

Saturday 6/20: Twerkout 10A PST/ 1P EST

Saturday 6/20: abunDANT Fitness 11A PST/ 2P EST

abunDANCE with keo®
Anywhere and Everywhere - Virtual Celebration
Brooklyn, NY, 11217
<http://www.abundancewithkeomi.com/fling>

Schedule
June 15, 2020: 7:00pm
June 16, 2020: 7:00pm
June 17, 2020: 6:00pm
June 18, 2020: 7:00pm
June 19, 2020: 7:00pm
June 20, 2020: 1:00pm

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