

Sunday, March 1, 2015

## Sunday Process Lab with Will Rawls

Company: Movement Research

Venue: Movement Research at Eden's Expressway

Location: New York, NY

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The focus of this interdisciplinary lab will be how rhythm functions as a device for marking time, shaping movement and establishing relations among ideas. The participants will explore a series of compositional exercises in speech and movement, embodying a set of personally motivated ideas and creating material that might be useful for further development beyond the workshop. Please bring 1-2 texts that are particularly inspirational or relevant to you at this moment. We will start with a group warm up geared to engage the voice and the body. Open to all skill levels.

Sunday Process Labs are a series of three-hour, low-cost sessions on Sunday evenings, providing an opportunity for a dynamic exchange amongst peers in a lab-type setting. Sessions are facilitated by movement-based artists who will share their individual creative practices and process.

Movement Research  
537 Broadway 4th Floor  
New York, NY, 10012  
\$5

<http://www.movementresearch.org/classesworkshops/classdescriptions/?class=workshops>

Schedule

March 1, 2015: 5:00pm

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