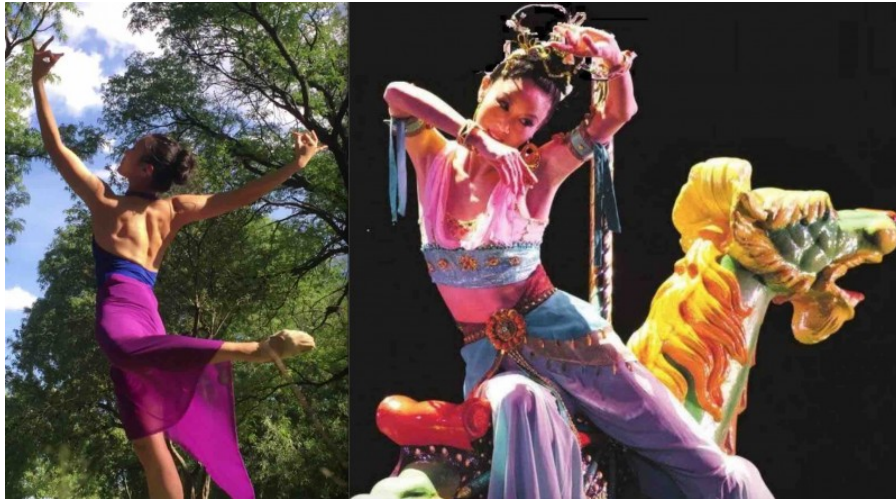


January, 11-15, 2021

## THE BRIDGE :: Beyond the Technique: Experience Master Artists from the BIPOC Community

Company: NAI-NI CHEN DANCE COMPANY  
Venue: Online  
Location: Fort Lee, NJ

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Nai-Ni Chen Dance Company

### THE BRIDGE

Nai-Ni Chen Virtual Dance Institute  
of boundary-breaking dance experiences from leading dance makers and teachers from diverse communities

Open to All Dancers at an Intermediate to Advanced Level

~meet the artists after the class~

Monday Through Friday at 11:00 AM EST

Free 1-hour Virtual Master Class!

Sign up here to register: [https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2\\_-a3VKKY0s7DsJgDOJOJbzng/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2_-a3VKKY0s7DsJgDOJOJbzng/viewform)

:-)

### CLASS SCHEDULE WEEK OF 1/11-1/15/2021

~ Monday, January 11 @ 11:00 AM

Yuka Notsuka teaches KINETIC SPIRAL

Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of the ever-changing universal forces of Yin and Yang. It offers a blend of the dynamic spirit of contemporary dance and the grace of ancient Chinese artistic traditions. Kinetic Spiral helps the dancer to create the universe from within, empower the body to connect with nature and heal through the changing spiral form.

~ Tuesday, January 12 @ 11:00 AM

Zhongmei Li teaches CHINESE CLASSICAL DANCE

Zhongmei Li will teach one of the most well-known Chinese classical dance techniques, the Duanghuang technique based on a contemporary interpretation of the movement of the painted figures in the ancient caves of Duanhuang Grotto. The fantastic paintings in the caves were created in the Tang Dynasty by Buddhist monks traveling on the Silk Road.

~ Wednesday, January 13 @ 11:00 AM

Nai-Ni Chen teaches KINETIC SPIRAL

Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Dance phrases from Nai-Ni Chen's repertory will be taught.

~ Thursday, January 14 @ 11:00 AM

Zhongmei Li teaches CHINESE CLASSICAL DANCE

Zhongmei Li began her dance training at the Beijing Dance Academy, China's foremost dance institution, and continued in the U.S., winning

full scholarships to study at both the Alvin Ailey and Martha Graham schools. She performed on Broadway in the long-running musical "The King and I," and she earned a master's degree in fine arts at the Tisch School at New York University. In 1994, she created the Zhongmei Dance Company, with which she performed all over the United States. In addition, she has performed in many other countries, including Singapore, France, Israel, and Brazil. She is a regular guest performer with the Aspen Santa Fe Ballet. Zhongmei's story is available in a non-fiction book, [A Girl Named Faithful Plum](#), by Richard Bernstein.

~ Friday, January 15 @ 11:00 AM

Greta Campo teaches KINETIC SPIRAL

Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of the ever-changing universal forces of Yin and Yang. It offers a blend of the dynamic spirit of contemporary dance and the grace of ancient Chinese artistic traditions. Kinetic Spiral helps the dancer to create the universe from within, empowering the body to connect with nature, and heal through the changing spiral form.

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NAI-NI CHEN DANCE COMPANY

Zoom web platform

Fort Lee, NJ, 07024

[https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2\\_-a3VKKYo3s7DsJgDOJQJbzng/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeYME268V3ig68MEhPclpkP2_-a3VKKYo3s7DsJgDOJQJbzng/viewform)

Schedule

January 11, 2021: 11:00am

January 12, 2021: 11:00am

January 13, 2021: 11:00am

January 14, 2021: 11:00am

January 15, 2021: 11:00am

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