

## FOR AUDIENCES

[Community Calendar](#) [Volunteering](#)

October, 19-23, 2020

### THE BRIDGE :: Nai-Ni Chen Virtual Dance Institute of boundary-breaking dance from the BIPOC Community

Company: NAI-NI CHEN DANCE COMPANY  
Venue: Online  
Location: Fort Lee, NJ

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NAI-NI CHEN DANCE COMPANY

Presents Guest Artists:  
Andrew Pacho and Morgiana Celeste

Open to All Dancers at an Intermediate to Advanced Level  
~meet the artists after the class~

Monday, Wednesday, Friday at 11:00 AM ET  
Tuesday, Thursday at 7:00 PM ET

Free 1-hour Virtual Master Class!

IMPORTANT NOTICE  
Starting Nov 1, 2020:  
The Bridge Classes will be Mon-Fri 11:00 AM

Mon., October 19 11:00 AM EST

Kinetic Spiral with Yuka Notsuka  
Creating the Universe from Within.

Tue., October 20 7:00 PM EST

FLOW with Andrew Pacho

Andrew Pacho created the FLOW method for ANTI-GRAVITY 1990, a professional dance and gymnastics company, to help the performers maintain healthy joints & muscles while meeting the demands of the choreography. FLOW is a mixture of Gymnastics, Ballet, Graham, Horton, Gyrotonics and Yoga techniques.

Wed., October 21 11:00 AM EST

Kinetic Spiral with Nai-Ni Chen  
Creating the Universe from Within.

Thu., October 22 7:00 PM EST

Middle Eastern Dance with Morgiana Celeste

Morgiana Celeste Varricchio, Producing Artistic Director and Founder of the Award-winning Mosaic Dance Theater Company, is a classically trained actor, a storyteller and a dancer. An accomplished writer and producer, she has adapted and/or written for the stage, produced, performed, and toured in: Ali Baba and the Forty Thieves (Lincoln Center); Gypsy Tales (NY Fringe Festival); Ovid's Metamorphoses (Edinburgh Festival Fringe); Banat El Emir (Greenwich Theatre); and for MDTC, Tales from The Arabian Nights, Land of The Pharaohs, The Paradise of

Children, Bastianelo, and La Lettera d'Isabella.

Fri., October 23 11:00 AM EST

Kinetic Spiral with Greta Campo

Tapping into the creative energy of the universe through Kinetic Spiral. Nai-Ni Chen's signature technique is based on the principle of ever-changing universal forces of Yin and Yang. Dance phrases from Nai-Ni Chen's repertory will be taught.

Please visit THE BRIDGE's class webpage for more info. and Teachers' bios

<https://nainichen.org/the-bridge-3/>

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NAI-NI CHEN DANCE COMPANY

Zoom web platform

Fort Lee, NJ, 07024

8006500246

<https://nainichen.org/the-bridge-3/>

Schedule

October 19, 2020: 11:00am

October 20, 2020: 7:00pm

October 21, 2020: 11:00am

October 22, 2020: 7:00pm

October 23, 2020: 11:00am

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