

January 18 - February 22, 2025

## Tai Chi Contemporary Dance Workshop with Miaotian Sun

Company: World Arts East  
Venue: World Arts East  
Location: New York, NY

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World Arts East

This all levels workshop blends the flowing movements of Chinese Tai Chi, Chinese classical dance, and contemporary dance floor work. Tai Chi principles such as balance, controlled breath, and deliberate movements are integrated with beginner level floor work and choreography, offering a physical and creative challenge.

World Arts East  
115 W. 29 Street Suite 1106 (11th floor)  
New York, NY, 10001  
347-361-1661  
<https://www.worldartseast.com/events-2>

Schedule  
January 18, 2025: 10:00am  
January 25, 2025: 10:00am  
February 1, 2025: 10:00am  
February 8, 2025: 10:00am  
February 15, 2025: 10:00am  
February 22, 2025: 10:00am

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