

January 18 - February 22, 2025

Tai Chi Contemporary Dance Workshop with Miaotian Sun

Company: World Arts East
Venue: World Arts East
Location: New York, NY

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World Arts East

This all levels workshop blends the flowing movements of Chinese Tai Chi, Chinese classical dance, and contemporary dance floor work. Tai Chi principles such as balance, controlled breath, and deliberate movements are integrated with beginner level floor work and choreography, offering a physical and creative challenge.

World Arts East
115 W. 29 Street Suite 1106 (11th floor)
New York, NY, 10001
347-361-1661
<https://www.worldartseast.com/events-2>

Schedule
January 18, 2025: 10:00am
January 25, 2025: 10:00am
February 1, 2025: 10:00am
February 8, 2025: 10:00am
February 15, 2025: 10:00am
February 22, 2025: 10:00am

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