

March, 5-6, 2016

Tamalpa Experience Workshop in Movement-Based Expressive Arts

Company: Tamalpa Institute
Venue: Anthroposophy
Location: New York City, NY

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Tamalpa Institute

Join us for a Tamalpa Experience workshop in New York City!

If your body could speak, what would it say?

The Tamalpa Experience introduces an approach that enlivens dialogue between body and imagination, life experiences and art making. Using movement, drawing, poetic writing, and improvisational performance, participants will tap into art's symbolic language to explore current life themes and generate new resources.

This 2-day intensive workshop is designed to give participants an experiential understanding of Tamalpa's work in movement-based expressive arts. The Tamalpa Experience workshops are recommended as an introduction to our training programs.

Anthroposophy NYC is located conveniently off of Union Square.

Tamalpa Experience Workshop
with Elisabeth Osgood-Campbell
March 5 - 6, 2016
10AM - 5PM
Cost: \$200
Held at: Anthroposophy NYC
138 West 15th Street, New York City

Elisabeth Osgood-Campbell, MA, EdM, RSME, is a movement artist, educator, and researcher, who cherishes the body as a central medium for creativity, learning and growth. With degrees from Stanford University and Harvard Graduate School of Education, she can also be described as a "recovering academic" who facilitates somatic movement arts to help mend the mind-body split in herself and others. After graduating from Tamalpa Institute's full-time training program in 2000, Elisabeth served the institute in various capacities as a teacher, administrator, and member of the Board of Directors. During her first graduate program in Psychology, she studied the impact that somatic movement and creative arts practices have on women's development. During her second Master's degree program in Mind, Brain and Education, Elisabeth investigated the effect that sensorimotor activities have on cognitive development of children. She has served on the Board of Directors of the International Somatic Movement Education and Therapy Association (ISMETA) since 2008. Currently, Elisabeth is delighted to offer Tamalpa Life/Art work to individuals and groups on the East Coast of the United States.

Tamalpa Institute
138 West 15th Street
New York City, NY, 10011
415-457-8555
<http://tamalpa.org/calendar/te0316.html>

Schedule
March 5, 2016: 10:00am
March 6, 2016: 10:00am

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