

April, 21-23, 2018

## Tendings

Company: Movement Research  
Venue: Studio G05 at Abrons Arts Center  
Location: New York, NY

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Photo by Ian Douglas

### [Tendings](#)

with The Olimpias

April 21, 22 & 23

SAT SUN 11am-4pm

Optional:

MON 3-6pm & 8pm Performance at MR@Judson

\$145

Stephanie Heit and Petra Kuppers explore Olimpias scores and insights from Tendings, small everyday collaborative practices that combine experiential anatomy, disability culture, eco-specific investigations, somatic exercises, and writing. Let's go to the park, the street, other edge spaces of urban life and insert ourselves, our differences, our breath. This practice nourishes activist interdependent energies and pools resources for community building and stewardship of self and the environment. Come and move with us on Earth Day!

This workshop takes place in a wheelchair accessible space. We ask that all guests check in at the reception desk at 466 Grand Street. You will be directed to the accessible entrance, located on Willett Street through the outdoor garden space. Requests for reasonable accommodation should be made in advance of the workshop. Please contact Greer Dworman at [greerdworman@movementresearch.org](mailto:greerdworman@movementresearch.org) or (212) 598-0551 (voice only).

[The Olimpias](#) is a disability performance artists' collective that creates collaborative, research-focused environments open to people with physical, emotional, sensory and cognitive differences and their allies. In these environments, we can explore pride and pain, attention and the transformative power of touch.

"Tendings" Workshop leaders, April 2018:

Petra Kuppers is a wheelchair dancer, disability culture activist, a community performance artist, and Artistic Director of The Olimpias. She teaches at the University of Michigan and on Goddard College's Low Residency MFA in Interdisciplinary Arts.

Stephanie Heit is a poet, dancer, and teacher of somatic writing, Contemplative Dance Practice, and Kundalini Yoga. She lives with bipolar disorder and is a member of the Olimpias. *The Color She Gave Gravity* (The Operating System 2017) is her debut poetry collection and explores the seams of language, movement and mental health difference.

Movement Research  
466 Grand St  
New York, NY, 10002  
2125980551  
<https://movementresearch.org/event/8006>

Schedule  
April 21, 2018: 11:00am  
April 22, 2018: 11:00am  
April 23, 2018: 3:00pm

[< back](#)

[previous listing](#) • [next listing](#)