

September 15 - December 22, 2018

The Athletics of Intimacy

Company: Movement Research
 Venue: MR@Eden's Expressway
 Location: New York, NY

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HIC SVNT DRACONES by K.J. Holmes with dancers Luke George and De

[The Athletics of Intimacy](#)

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SAT 11:00 am - 1:00 pm

MR@Eden's Expressway

Class combines skills and applications of somatic researches that include release techniques and body mind practices such as Body-Mind Centering® systems and patterns of development and evolution, embodiments of Contact Improvisation, and tunings of somatic approaches within solo, duet (strong emphasis on partnering) and ensemble dancing. The interest and focus is in the very physical, sensorial and imaginative, and in discovering new challenges and risks within our movement – of both body and mind – towards improvisational and compositional processes.

[K.J. Holmes](#) is a Brooklyn NY based dance artist/actor/singer/teacher who travels nationally and internationally teaching/performing/creating.

She has collaborated extensively with Julie Carr, Simone Forti, Karen Nelson, Lisa Nelson and Image Lab, and Steve Paxton, and more recently has performed in the work of Miguel Gutierrez and the Powerful People, Xavier Le Roy, Lance Gries, Mark Dendy, Melinda Ring, and Karinne Keithley Syers. This past year, she was cast in artist Matthew Barney's new film Redoubt that was shot in Idaho in March as well as in performer/videographer Cristiane Bouger's film The Quest for Joy, collaborated with drummer Jeremy Carlstedt in their duet LIP at The Vision Jazz Festival, and continues to teach in NYC at NYU/Experimental Theatre Wing, the Juilliard School, and through Movement Research. A graduate of The School for Body-Mind Centering®, William Esper studio (Meisner acting with master teacher Terry Knickerbocker), and Satya Yoga, K.J. is currently studying to become an Ayurvedic nutritional consultant as well as continuing to develop her dance/theater/installation HIC SVNT DRACONES.

Movement Research
 537 Broadway 4th Floor
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Schedule
 September 15, 2018: 11:00am
 September 22, 2018: 11:00am
 September 29, 2018: 11:00am
 October 6, 2018: 11:00am
 October 13, 2018: 11:00am
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