

Friday, May 13, 2011

The Bartenieff Approach to Fascia through Movement

Company: Laban Institute of Movement Studies, LIMSÂ®

Venue: Laban Institute

Location: New York, NY

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Hands-on techniques integrating in-depth knowledge of anatomy, physiology, dynamic alignment and dynamic stretching will be taught. Learn how movement re-patterning works differently than "exercise" or "adjustments" through the understanding and use of LMA/BF principles.

Laban Institute of Movement Studies, LIMSÂ®

520 Eighth Avenue Suite 304

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<http://www.limsonline.org/>

Schedule

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