

January 27 - February 24, 2015

The Underneath Body

Company: Abrons Arts Center

Venue: Abrons Arts Center

Location: New York, NY

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Following in the somatic tradition, this class invites participants to tap into different ways of thinking about and experiencing their bodies. Durational improvisation will shape and inform participants' self-perception. The practice may unlock new possibilities and depths to understanding one's anatomy, state of mind, expression and physical reality. Participants should be open, curious and self-motivated.

Teaching Artist: Diana Crum

Abrons Arts Center
466 Grand St.
New York, NY, 10002
212.598.0400x209
<http://reg127.imperisoft.com/AbronsArts/ProgramDetail/3135323233/Registration.aspx>

Schedule
January 27, 2015: 10:00am
February 3, 2015: 10:00am
February 10, 2015: 10:00am
February 24, 2015: 10:00am

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