

Saturday, January 25, 2020

The abundANCE within Presents: Reflections of the Lunar

Company: abundANCE

Venue: Fit4Dance

Location: Brooklyn, NY

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The abundANCEwithIN is a workshop series exploring creative ways to celebrate the abundance within. Using the abundance with Keo road to Self- discovery 3 pillars, self-awareness, self-esteem, and self-awareness, using movement as a vehicle to within. Creating space for authenticity, creativity, and joy.

The abundANCE within Presents: Reflections of the Lunar: Like the moon, we too, experience changes in phases and move in cycles. Especially women. Join us this Lunar New Year, January 25th, as we dance in our own reflections. This workshop will emphasize exploring ourselves through sensual choreography, breakout dance parties, and a live performance. This fun mixture of Hip hop and Contemporary/Modern dance will be sure to make you feel sexy and abundant.

abundANCE
778 Nostrand Ave.
Brooklyn, NY, 11211
<https://www.abundancewithkeomi.com/theabundancewithin/lunar>

Schedule
January 25, 2020: 6:00pm

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