

FOR AUDIENCES

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Thursday, March 11, 2021

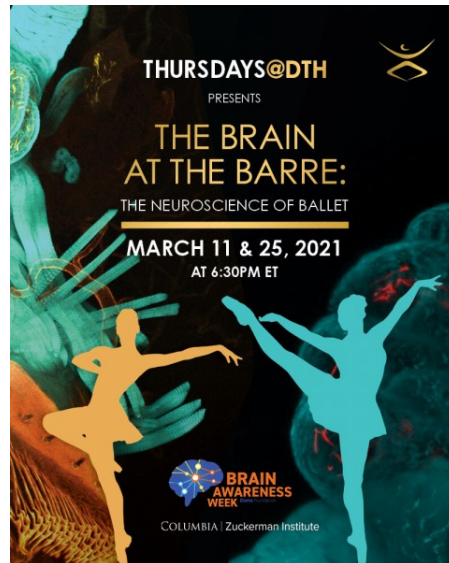
Thursdays@DTH Presents The Brain At The Barre: The Neuroscience of Ballet

Company: Dance Theatre of Harlem

Venue: Online

Location: New York, NY

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Brain Images by Kevin Cury | Axel Lab at Columbia University

Science and the arts come together in this pair of free events which explore the mysteries of how we dance! Dance Theatre of Harlem and Columbia University's Zuckerman Institute partner to bring you inside both the body and mind of a dancer. Enjoy a live dance performance and dance workshop, combined with insight from scientific experts about how the brain and body work together to produce the magic of ballet.

March 11, 2021 at 6:30pm eastern Dance Performance and Panel

Join us as internationally renowned choreographer Darrell Grand Moultrie works live on screen with DTH Company Artist Daphne Lee on elements of dance performance. Neuroscientist, PhD Candidate Leslie Sibener will discuss with Mr. Moultrie how our brains produce and practice movements, and how movement in the face of challenges may serve as a therapeutic outlet. The discussion will be moderated by neuroscientist Dr. Neeli Mishra.

Watch on YouTube. RSVP for an event reminder! [RSVP Here](#)

March 25, 2021 at 6:30pm eastern Live Dance Workshop

Join us for an exploration of how we can all move and practice dance, led by choreographer Darrell Grand Moultrie, with commentary by Dr. Neeli Mishra and Dr. Marijeanne Liederbach, Director of the Harkness Center for Dance Injuries at NYU Langone, on how to perform while being mindful of injury. The workshop is designed for dancers of all abilities, from beginners to seasoned dancers.

On Zoom. Registration required. [Register Here](#)

Dance Theatre of Harlem
Dance Theatre of Harlem
New York, NY, 10031
2126902800
<https://www.dancetheatreofharlem.org/thebrainatthebarre/>

Schedule
March 11, 2021: 6:30pm

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