

October 11 - December 20, 2017

Topf Technique/Dynamic Anatomy®

Company: Movement Research
Venue: Gibney Dance at 280 Broadway
Location: New York, NY

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Jaime Ortega by Ian Douglas

[Topf Technique/Dynamic Anatomy®](#)

September 6, 2017 - February 28, 2018* **

WED 10am-12pm

Gibney Dance at 280 Broadway

\$14

The Topf Technique® is a practice of embodiment. Through the experiential study of anatomical imagery we deepen perception and sensation of the body. By mapping and reimagining the body we find clear moving pathways, new relationships to space, greater expression and creativity. The process centers and refines our movement organization.

[Jaime Ortega](#) is a movement based artist, therapist and educator. He has explored a variety of approaches to movement for the last 40 years. His main influences have been the study of Ideokinesis with Nancy Topf and Andre Bernard; and the practice of yoga in the Viniyoga tradition.

*No class December 27, January 3

** Jen Harmon teaches on October 18 and December 20

Movement Research
280 Broadway
New York, NY, 10007
<https://movementresearch.org/event/6361>

Schedule
October 11, 2017: 10:00am
October 18, 2017: 10:00am
October 25, 2017: 10:00am
November 1, 2017: 10:00am
November 8, 2017: 10:00am
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