

Tuesday, September 18, 2018 - Tuesday, January 15, 2019

## Urban Bush Women: Dance for Every Body

Company: BRIC  
Venue: BRIC House  
Location: Brooklyn, NY

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Hayim Heron

Dance for Every Body is a free movement jam/dance class that embraces the idea that everyone has a unique and significant contribution to make, and that our bodies are powerful and capable. The goal is for "every body" to find their level of challenge and comfort and partake according to their abilities, and to appreciate the group's diversity as a benefit to their community. Participants explore Urban Bush Women's technique with close attention to the use of breath, weight, call and response, and polyrhythm. This is a movement class designed for the community, so no prior dance experience is needed.

FREE with RSVP

BRIC  
647 Fulton Street  
Brooklyn, NY, 11217  
<https://www.bricartsmedia.org/events-performances/urban-bush-women-dance-every-body>

Schedule  
September 18, 2018: 6:30pm  
November 13, 2018: 6:30pm  
December 18, 2018: 6:30pm  
January 15, 2019: 6:30pm

[< back](#)

[previous listing](#) • [next listing](#)