

March 21 - April 4, 2015

## Using Your Voice

Company: Third Rail Projects  
Venue: The Kingsland Ward  
Location: Brooklyn, NY

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Led by Marissa Nielsen-Pincus, Associate Artistic Director of Third Rail Projects and Body-Mind Centering® practitioner. The ability to control your voice when speaking in different environments is an important skill for both performance and everyday life. This two-part workshop looks at vocalization from a somatic perspective, looking at breath, sound, and speech through anatomy, physiology and movement. Sharing the work she has done with Third Rail Projects performers, Marissa helps participants find ease, flexibility, and confidence in vocal expression.

### Using Your Voice Part 1

Saturday, March 21  
1:00pm-4:00pm  
\$40

Part 1 will focus on the fundamentals of how and where we make sound.

### Using Your Voice Part 2

Saturday, April 4  
1:00pm-4:00pm  
\$40

Part 2 will use skills learned in Part 1 to practice how we can modulate our voices for different situations and effects. Participants for Part 2 will need to have taken Using Your Voice Part 1 or a previous voice workshop with Marissa Nielsen-Pincus.

Third Rail Projects  
195 Maujer St  
Brooklyn, NY, 11206  
<https://www.artful.ly/store/events/918>

Schedule  
March 21, 2015: 1:00pm  
April 4, 2015: 1:00pm

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