

OUR NEW YORK CITY DANCE

Saturday, November 1, 2014

"What's Rank & Privilege Got to Do with It?" Workshop With Carol Swann

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What's Rank & Privilege Got to Do with It?

With Carol Swann

November 1, 2014 - 10:00am - November 2, 2014 - 6:00pm

"Letting conflict be one of our greatest teachers instead of our greatest fears. Conflict is organic and here to stay. Like Homeopathy, Process Work meta skills discover the missing power of transformation in the tension itself and is the fastest way to creating healthy community and relationships." (Arnold Mindell)

"Deep Democracy" is an approach that believes in the inherent importance of hearing all parts of ourselves and wide-ranging viewpoints in the world around us. In this 2-day power workshop, Carol Swann sources Arnold Mindell's Process Work (WorldWork Conflict Processes) and "Deep Democracy" to guide participants in a liberating examination of the subtle layers of rank & privilege. Tensions lying just under the surface – the shadows of class, race, gender, money, ageism, ableism, etc. – are acknowledged and redefined to reveal that EVERYONE has rank and that bringing greater awareness to our rank and privilege can radically impact our interpersonal dynamics. Caring and participatory theory, role-play exercises, and group processes engage our voices and social bodies to transform our relational, structural, and cultural interactions.

Sat. November 1, 9am - Sun. November 2 Culminates in an Open Community Forum, Sunday 2:30-6pm

Workshop fees are tiered for accessibility: student/retiree, regular, professional (includes tuition, room & board)

Carol Swann is a group process and conflict facilitator whose work brings unique skills into community building, contributing toward a more socially just and connected world. She weaves her extensive studies in Process Work, Social Somatic's, and Hakomi (body/mind psychotherapy) into all of her work. She is Co-Founder and Director of Moving On Center School of Participatory Arts and Somatic Education which links somatics and the performing arts for social change, now located in Berlin, Germany (1994-2014). She has taught Somatics (movement re-patterning and psychology), the Alexander Technique, Authentic Movement, Voice, Contact, and Performance Improvisation for 35 years in the U.S., Latin America, Europe, Israel, and Russia. She is a registered movement therapist (RSMTsm) which includes her training in Body Mind Centering and Laban/Bartenieff Studies with a private practice in Somatic Therapy. www.movingoncenter.org

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http://www.earthdance.net/calendar/2014/11/whats-rank-privilege-got-do-it

Schedule November 1, 2014: 10:00am

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