

Thursday, September 12, 2019 - Thursday, February 27, 2020

Witchcraft – a Corporeal Practice

Company: Movement Research
Venue: Gibney Dance
Location: New York, NY

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WITCHCRAFT-A CORPOREAL PRACTICE WITH IELE PALOUMPIS

THURS 10am-12pm

Gibney Dance at 280 Broadway

This class explores movement, ritual and visualization as pathways toward re-patterning stagnant energy. The lunar calendar, seasons and astrology all have visceral effects, so we'll tap into what is already present to generate somatic healing. Our unique bodies will serve as guides through improvisations that align with these environmental influences.

ABOUT IELE PALOUMPIS:

iele paloumpis is a dance artist, educator, intuitive healer, and death doula. their healing work is rooted in kinesthetic awareness, Tarot, herbal medicine, and some astrological know-how – all within a trauma-informed framework that centers social justice.

Choreographic works have been shown through Brooklyn Arts Exchange, New York Live Arts, Dixon Place, the Flea Theater, Movement Research, Painted Bride Art Center, Franklin Street Works, and Taubman Arts. they've danced for niv Acosta, devynn emory, Jaamil Olawale Kosoko, Jen McGinn, Katy Pyle, Emily Wexler, and Nina Winthrop.

iele received a BA from Hollins University in 2006 and was awarded end of life doula certifications from Mount Sinai, Valley Hospice, and Deanna Cochran's Accompanying the Dying Program between 2014-16. iele has studied Tarot since 1996, most recently under the mentorship of Eva Yaa Asantewaa.

iele is currently developing a somatic practice addressing the needs of those who are moving through grief.

Accessibility: Please contact Julianne Rencher, juliennerencher@movementresearch.org or (212) 598-0551 (voice only) for access requests or questions.

***All classes are subject to change. For the most up-to-date information, please consult the Movement Research calendar: <https://movementresearch.org/calendar>.*

Movement Research
280 Broadway
New York, NY, 10007

Schedule
September 12, 2019: 10:00am
September 19, 2019: 10:00am
September 26, 2019: 10:00am
October 3, 2019: 10:00am
October 10, 2019: 10:00am
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