

April, 21-23, 2023

Wùo Tǎi Osteo: A New Vision of Bodywork

Company: Tranquila: Health and Wellness

Venue: Balance Arts Center

Location: New York, NY

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Greetings,

Join us in a new paradigm of bodywork that focuses on valuing the inherent healing abilities we hold within ourselves! Wùo Tǎi--A form of French osteopathy created by Roland Combes in 2003. This practice has spread around the world and will arrive in New York City in April 2023.

From April 21st through 23rd, participants will learn basic principles of Wùo Tǎi as well as an anatomical analysis of each gesture and how to utilize dance/spinal wave movements to help restore their health and physical posture.

Participants will walk away with a series of Wùo Tǎi gestures that can be incorporated into a pre-existing therapeutic practice or serve as a stand alone session. This event is open to all levels of experience!

The event will be facilitated in both Spanish and English, by Davide Stasi and Mariana Castañeda-Lopez

April 21, 5-8pm. April 22 & 23, 10am - 6pm.

For more information and to register for the event:

<https://fb.me/e/39RNYBZ6A>

Limited early bird discount available for those who sign up before February 15th

Tranquila: Health and Wellness
151 W 30th Street 3rd Floor
New York, NY, 10001
<https://fb.me/e/39RNYBZ6A>

Schedule

April 21, 2023: 5:00pm
April 22, 2023: 10:00am
April 23, 2023: 10:00am

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