

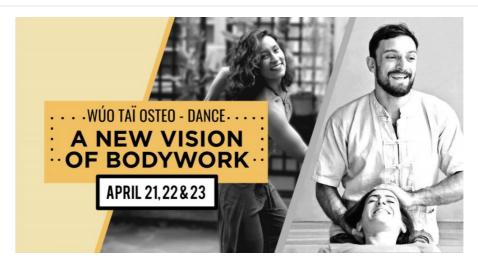
OUR NEW YORK CITY DANCE

April, 21-23, 2023

Wùo Taï Osteo: A New Vision of Bodywork

Company: Tranquila: Health and Wellness

Venue: Balance Arts Center Location: New York, NY ► Share | Print | Download



Greetings

Join us in a new paradigm of bodywork that focuses on valuing the inherent healing abilities we hold within ourselves! Wùo Taï--A form of French osteopathy created by Roland Combes in 2003. This practice has spread around the world and will arrive in New York City in April 2023.

From April 21st through 23rd, participants will learn basic principles of Wùo Taï as well as an anatomical analysis of each gesture and how to utilize dance/spinal wave movements to help restore their health and physical posture.

Participants will walk away with a series of Wùo Taï gestures that can be incorporated into a pre-existing therapeutic practice or serve as a stand alone session. This event is open to all levels of experience!

The event will be facilitated in both Spanish and English, by Davide Stasi and Mariana Castañeda-Lopez April 21, 5-8pm. April 22 & 23, 10am - 6pm.

For more information and to register for the event:

https://fb.me/e/39RNyBZ6A

Limited early bird discount available for those who sign up before February 15th

Tranquila: Health and Wellness 151 W 30th Street 3rd Floor New York, NY, 10001 https://fb.me/e/39RNyBZ6A

Schedule April 21, 2023: 5:00pm April 22, 2023: 10:00am April 23, 2023: 10:00am

< back

previous listing • next listing