February 26 - August 6, 2018

Yoga Retreat in ITALY

Company: Amalgamate Dance Company
Location: Piobbico, Ma

Experience the beauty and serenity of Piobbico, Italy with a unique yoga retreat. From August 10 to August 25, 2018, an extraordinary collaboration between Amalgamate Dance Company, DAMAGEDANCE, Irene Saltarelli, SoHumanity, Triglia di Bosco and Scuola Arte e Cultura Appennino offers yogis the chance to practice yoga in this picturesque town.

Through movement, creative exploration and reflection, this 2-week retreat is for those looking for a deeper connection to nature, the self and your peers. You will practice your sun salutations while taking in the gorgeous Italian landscape. Yoga classes for all levels will be offered to those looking to enrich their practice both physically and energetically.

Nourish your mind, body and soul through daily yoga classes with Tanya Birl-Torres. Immerse yourself in Italy's rich culture, beautiful countryside and Italian cuisine through an authentic Italian cooking lesson (www.trigliadibosco.it/), Italian language classes and 2 excursions to discover nearby regions (Urbino and Pesaro). There will also be an opportunity to attend a free dance performance in Piobbico.

Space is limited. DEADLINE IS APRIL 1st! Prospective participants should complete an online registration form here: www.amalgamatedance.com/italy-yoga-retreat.

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Amalgamate Dance Company
Via D'Urbania
Piobbico, Ma, 61046

Schedule
February 26, 2018: 8:00am
March 5, 2018: 8:00am
March 12, 2018: 8:00am
March 19, 2018: 8:00am
March 26, 2018: 8:00am
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