

FOR AUDIENCES

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December, 28-30, 2021

inner dancer workshop 2021 - NO AUDITION REQUIRED

Company: dansphere
Venue: FineLine Theatre Arts
Location: New Milford, CT

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two enrollment options: in studio and online!

the inner dancer workshop is a three day mini-intensive (december 28th - 30th, 2021) that aims to revitalize your relationship with yourself, dance, and the artist within. it is time to reignite the inspiration that may have gotten muddled or lost along the way. the curriculum will not only give your dance mindset a refreshing perspective, but also give you new skills that will improve your quality of life as a human being. our world-renowned faculty will work with you in a personalized, encouraging environment, and give you the tools to give your inner dancer a vibrant boost into 2022.

classes will be taught with a holistic methodology, designed specifically to allow growth in a personalized manner. participants will be dancing and exploring various topics, including:

- ballet and contemporary modern dance technique
- the mind/ body connection, in and out of class
- music and its relationship with dance
- individualized attention to personal obstacles standing in the way of a healthy, fulfilling artistic life
- redefining success as an artist through genuine self exploration

registration and tuition: [CLICK HERE TO APPLY](#)

in studio enrollment:

- open to dancers 16 and older
- approximately 6 to 9 hours of classes per day
- taking place at [Fine Line Theatre Arts](#) in New Milford, CT
- maximum capacity: 20 participants
- personalized mentoring and injury prevention screenings for each participant (a \$500 value by itself!)
- access to live virtual evening workshops
- invitation to a social event to connect with fellow participants and faculty outside of classes
- payment plans available (unfortunately we cannot offer any financial aid for in studio enrollment)

online enrollment:

- open to dancers 13 and older

- access to approximately 3 to 4 hours of recorded classes per day
- "on demand" access to the inner dancer group classes and lectures - take on your own time!
- classes available for viewing 24 hours after they are recorded, and will remain accessible until approximately two weeks after the live intensive dates
- access to live virtual evening workshops
- virtual group check in sessions
- financial aid and payment plans available

no audition materials required for either program!

applications close on friday, december 3rd, at 11:59pm

email officialdansphere@gmail.com with any questions

dansphere
77 Railroad Street
New Milford, CT, 06776
<http://dansphere.org/theinnerdancerapp>

Schedule
December 28, 2021: 12:00am
December 29, 2021: 12:00am
December 30, 2021: 12:00am

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