June, 3-5, 2020

ndiLIVE! Free online dance classes from National Dance Institute

Company: National Dance Institute
Venue: ONLINE - National Dance Institute
Location: New York, NY

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Through our ndiLIVE! platform of free online classes, NDI teaching artists are leading children in signature NDI choreography, a variety of high-energy dance classes for all ability levels, plus a weekly music class. Join us from your homes and view ndiLIVE! free on Facebook, Instagram, and YouTube. All videos will be available on these platforms after the video has aired.

Here is the schedule for June 3 through June 5, 2020:

Warm-Up Wednesdays! (All ages)

8 am • Wednesday, June 3 on Facebook, Instagram, and YouTube
The sun is shining from Arthur Fredric's driveway! Arthur's NDI warmup will lift your spirits, raise your heart beat, and make you smile. Join us for a joyful 4 minutes guaranteed to get your day going in the right direction!

NDI Dance! with Calia Marshall and Andrea Davey-Gislason (All ages)

4 pm • Wednesday, June 3 on Facebook, Instagram, and YouTube
Come discover the young inventors of today and uncover your own inner dance inventor! Led by NDI Teaching Artists Calia Marshall and Andrea Davey-Gislason, you will learn an energetic dance and groove to original music by NDI Musician Todd Keller. This is the final class of the series so Calia and Andrea will help you put all the choreography together!

NDI DREAM Project (All ages and all abilities)

4 pm • Thursday, June 4 on Facebook, Instagram, and YouTube

To view with closed captioning, please watch on YouTube.

NDI's DREAM Project (Dancers Realize Excellence through Arts and Movement) is going live! This series of four 30 minute classes focuses on introducing the NDI style of dance class to children with a wide variety of abilities. NDI teaching artists, our Board Certified Pediatric Physical Therapist partner, and children with and without disabilities from the NDI DREAM community provide strategies for adapting movement for different levels of abilities. Steps are broken down and choreography builds throughout the series culminating in a mini-performance. Join us and share this class with your community for a dance class experience that is one of a kind! Families and children of all ages and with a wide variety of abilities are encouraged to participate!

NDI Jams! (All ages)

4 pm • Friday, June 5 on Facebook, Instagram, and YouTube
NDI Jams will feature performances by Greg Stamper and Priscilla Owens, two amazing vocal artists who have sung in many NDI Event of the Year performances. They are an integral part of the NDI vocal sound. We hope you enjoy the show!

Access all previously released ndiLIVE! classes on either YouTube or Facebook.

About NDI: National Dance Institute (NDI) is a non-profit arts education organization founded in 1976 by ballet star Jacques d'Amboise. Through school partnerships, after-school classes, public performances, and teaching artist trainings, NDI uses dance as a catalyst to engage children and motivate them toward excellence both in school and in life. www.nationaldance.org

National Dance Institute
217 West 147th Street
New York, NY, 10039
https://nationaldance.org/ndilive/

Schedule
June 3, 2020: 8:00am, 4:00pm
June 4, 2020: 4:00pm
June 5, 2020: 4:00pm

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