

Sunday, May 5, 2013

## Teacher Training Internship for 200 HR Registered Yoga Teacher Certification

To apply please email brief cover letter and result to [rachelle@studioanya.com](mailto:rachelle@studioanya.com)

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*STUDIO ANYA is a Yoga, Pilates and Healing Sanctuary located in the Flatiron area of NYC. As a learning lab for Applied Neuro Y.ogic Awareness, Anya integrates yoga with other practices like Pilates, Thai Massage, Reiki and Neuro-muscular Therapy as the vehicle for aligning with grace in our daily lives.*

We are offering internships to committed, hardworking, and customer service- oriented applicants who are interested in participating in our 3 Month REGISTERED YOGA ALLIANCE 200 HR TEACHER TRAININGS this Fall Sept 7th- Dec 9th 2013.

### Internship Program Details:

Cover up to 50% of the tuition cost through 3-6 month contracted work- study exchange.

Start working towards your hours now and take advantage of our early bird discounts!

Apply today! Only 3-5 intern positions available!

For more info: <http://www.studioanya.com/training/course/level-1/>

### Why Learn Yoga at Studio Anya?

Whether you are aspiring to teach, looking to deepen your own practice, or wanting to serve others, Studio Anya offers a comprehensive yoga teacher training program that will give you all the knowledge, tools, and guidance you need to build a solid foundation and realize your full potential. Studio Anya uniquely offers:

- small classes of 10-12 giving you lots of individual attention
- practicum hours through outreach and in- house teaching opportunities
- mentoring with experienced ANYA teachers
- use of studio equipment
- training to learn how to teach a variety of learning styles
- online classroom to optimize learning and continue education no matter where you are
- Integrative Mind + Body AUM Curriculum
- access to free group classes during training
- day & evening program tracks available

### Internship Requirements/ Qualifications:

Knowledge of Mind Body Online and/ or prior front desk experience at a Yoga/Pilates studio, Spa, or Salon preferred.

Marketing experience with Social Media and Blogging writing skills is a plus.

Reliable and trustworthy, well groomed, detail oriented, with a sophisticated phone manner and excellent communication skills

Motivated self-starter who has interest and enthusiasm in the growth and well-being of the studio, its programs, community, and atmosphere.

### Job Responsibilities:

Create and maintain an atmosphere of warmth, serenity, and professional integrity in house and over the phone.

Manage Front Desk: Utilizing the Mind Body Online System (MBO), sign clients into classes, purchase client packages, maintain and update appointments: schedule, book, change, confirm and/or cancel bookings.

Assist management with daily maintenance of the studio.

Give detailed descriptions of Studio Anya services, packages, and facility features and actively promote its welfare.

Promote in-house sales of packages and studio offerings

Run errands when necessary (ie Post Office, Staples, etc.)

Responsible for opening the studio and preparing the space, or closing the Studio in the evening

Direct clients to proper areas of the studio (ie: group class, private appointment, etc.) Prepare the space accordingly for hourly renters and/or clients

### Other Benefits:

FREE group Anya yoga and pilates classes during internship

Exposure to our signature Mind+Body education through AUM Curriculum

Urban Zen oasis working environment – unlike any office you will ever work in!

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