

Wednesday, July 29, 2020

Cross Move Lab August Online Classes

Company: Cross Move Lab
Location: New York, NY

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Dancers,

As many studios remain closed, Cross Move Lab invites you to train with Founder/Artistic Director, Guanglei Hui, online in August!

A master choreographer and teacher, Guanglei's movement has been described as "athletically and stylistically exigent," connecting "like a cursive sentence." He has been praised for having "developed a highly original and beautiful movement language that is characterized by a flowing line and strong poetic feeling. Underpinning that is strong technique built from a solid classical foundation." In Guanglei's classes, you will be challenged in your movement patterns and pathways and be encouraged to take risks while researching the movement of your body.

Mondays at 4pm:

Body Research Improvisation Class. This class will focus on movement exploration and the ways in which your movement pathways connect like points in a line.

Wednesdays at 2:30pm:

Body Research Contemporary Class. This class will focus on the principles of power, force, and weight and how they heavily affect the momentum of your movement.

Class Details:

Duration: August 3rd to August 31st

Body Research Improvisation Class: Mondays from 4:00-5:00PM EST (New York City time)

Body Research Contemporary Class: Wednesdays from 2:30-3:30PM EST (New York City time)

Class Price: \$8 per class

Platform: Zoom (login information will be sent out prior to class)

Register for August Classes [Here](#)

We hope to see you in class!
Cross Move Lab

Cross Move Lab
New York, NY

For more information:
Cross Move Lab
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