

Saturday, March 27, 2021

Masala Bhangra Holi Celebration

Company: Ailey Extension Online

Venue: Ailey Extension Online

Location: New York, NY

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Kyle Froman

Join Sarina Jain for the Indian celebration of Holi, festival of colors, as she takes you through a fun and authentic Bollywood musical journey! Fused with a little bit of glitz and glam, this workshop will make you feel like you're on set of your own Bollywood movie.

Derived from two Indian words, "Masala," which means spicy in Hindi, and "Bhangra," which is a traditional folk dance from the northern state of Punjab, India, this fitness program modernizes the high-energy folk dance by blending traditional Bhangra dance steps with the exhilaration of Bollywood (Hindi film) moves. It's easy to follow and can be modified to the comfort level of the student, making it accessible to all fitness levels.

Ailey Extension Online

Virtual

New York, NY, 10019

2124059000

<https://www.alvinailey.org/extension/workshops/masalabhangra>

Schedule

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