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October, 7-28, 2019

## Morning Class with luciana achugar

Company: Movement Research

Venue: Movement Research

Location: New York, NY

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Scott Shaw

### MORNING CLASS WITH LUCIANA ACHUGAR

MON 10am-12pm

Movement Research, 122 Community Center

150 1st Ave, Ninth Street Studio

This class draws on achugar's own practice developed through years of making performances as a tool for liberating ourselves from presupposed ways of being in our bodies and allowing a more liberated and utopian future self to emerge. Via this practice we investigate ways of uncovering what's already present (but perhaps repressed or suppressed/oppressed) in ourselves, and how to create the conditions to let it manifest and appear on its own. A practice of growing a new body; a connected body; an anarchic body; a utopian body... by becoming uncivilized with a practice of being in pleasure.

#### ABOUT LUCIANA ACHUGAR:

luciana achugar is a Brooklyn-based choreographer from Uruguay who grew as an artist in close dialogue with the NY and Uruguayan contemporary dance communities. She has been making work in NYC and Uruguay independently and collaboratively since 1999. Her work is concerned with the post-colonial world, searching for an undoing of current power structures from the inside out. She is a two-time Bessie Award recipient and was nominated for a 2016 Outstanding Production Bessie for her work An Epilogue for OTRO TEATRO: True Love. Other accolades include a 2017 Alpert Award in Dance, a Guggenheim Fellowship, Creative Capital Grant, Foundation for Contemporary Arts Grant, Lower Manhattan Cultural Council President's Award, and two NYFA Fellowships. She was one of Dance Magazine's "25 to Watch" in 2012 and one of TimeOUT NY's "Best of Dance" in 2010. In 2015, her work OTRO TEATRO was presented by the Fusebox Festival and was named "Best Touring Work" by Austin's Critics Circle. The Pleasure Project, an ongoing public space intervention, has been seen since 2014 throughout NYC, at Le Mouvement-Performing the City Festival in Biel/Bienne, Switzerland, and as part of the 2016 Seattle Art Fair. Most recently, she received the 2017 Alpert Award for Dance and a 2017-18 Brooklyn Arts Exchange Artist Residency. This last Fall of 2018, she premiered "New Mass Dance" in Times Square through Danspace Project and Times Square Arts Alliance and "Brujx" at NYU's Skirball Center for the Performing Arts as part of their Marx Festival. She is currently a 2018-19 Brooklyn Arts Exchange Artist-in-Residence where she continues to teach and offer monthly community Pleasure Practice gatherings throughout Winter-Spring 2019.

Accessibility: Movement Research, 122 Community Center is an accessible space. Studios are wheelchair accessible. The second floor office is accessible by elevator. Restrooms are wheelchair accessible and are all gender. Please contact Julienne Rencher, [juliennerencher@movementresearch.org](mailto:juliennerencher@movementresearch.org) or (212) 598-0551 (voice only) for further access requests or questions.

*\*\*All classes are subject to change. For the most up-to-date information, please consult Movement Research's Calendar: <https://movementresearch.org/calendar>.*

Movement Research  
150 First Ave Ninth Street Studio  
New York, NY, 10009  
2125980551

Schedule  
October 7, 2019: 10:00am  
October 14, 2019: 10:00am  
October 21, 2019: 10:00am  
October 28, 2019: 10:00am

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### Contact

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