

Sunday, July 10, 2011

Peter Kyle Dance Summer Workshop: Exploring tempo in improvisation and performance Workshop

Company: Peter Kyle Dance

Venue: Bearnstow on Parker Pond

Location: Mt. Vernon, ME

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Peter Kyle Dance is offering a special one-week workshop in Slow Tempo, an approach to physical performance that incorporates a slow movement practice with an improvisational sensibility. Choreographer and noted teacher, Peter Kyle combines the physical training method of Japanese theater director Shogo Ohta with contemporary dance techniques that emphasize the moment-to-moment awareness. Through this work individuals develop improved concentration, better balance, sensitivity to the totality of thought and motion, and greater impact in performance. Daily sessions begin with a thorough, full-body warm-up, followed by instruction in Slow Tempo technique. Additional structured improvisations allow for free exploration of moving in extreme slowness, where Ohta believed "we find fresh expression to defamiliarize our daily experience--to look again." This work is ideal for dancers, actors, choreographers, directors, teachers, and anyone interested in performance. Dates: July 10-16, 2011

Peter Kyle Dance
84 Bearnstow Rd.
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347.218.1820
<http://www.bearnstow.org.htm>

Schedule
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